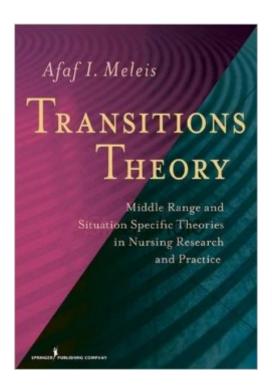
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# Transitions Theory: Middle Range And Situation Specific Theories In Nursing Research And Practice (Meleis, Transitions Theory)





# **Synopsis**

It is very exciting to see all of these studies compiled in one book. It can be read sequentially or just for certain transitions. It also can be used as a template for compilation of other concepts central to nursing and can serve as a resource for further studies in transitions. It is an excellent addition to the nursing literature." Score: 95, 4 Stars. -- Doody's Understanding and recognizing transitions are at the heart of health care reform and this current edition, with its numerous clinical examples and descriptions of nursing interventions, provides important lessons that can and should be incorporated into health policy. It is a brilliant book and an important contribution to nursing theory." Kathleen Dracup, RN, DNSc Dean and Professor, School of Nursing University of California San Francisco Afaf Meleis, the dean of the University of Pennsylvania School of Nursing, presents for the first time in a single volume her original "transitions theory" that integrates middle-range theory to assist nurses in facilitating positive transitions for patients, families, and communities. Nurses are consistently relied on to coach and support patients going through major life transitions, such as illness, recovery, pregnancy, old age, and many more. A collection of over 50 articles published from 1975 through 2007 and five newly commissioned articles, Transitions Theory covers developmental, situational, health and illness, organizational, and therapeutic transitions. Each section includes an introduction written by Dr. Meleis in which she offers her historical and practical perspective on transitions. Many of the articles consider the transitional experiences of ethnically diverse patients, women, the elderly, and other minority populations. Key Topics Discussed: Situational transitions, including discharge and relocation transitions (hospital to home, stroke recovery) and immigration transitions (psychological adaptation and impact of migration on family health) Educational transitions, including professional transitions (from RN to BSN and student to professional) Health and illness transitions, including self-care post heart failure, living with chronic illness, living with early dementia, and accepting palliative care Organization transitions, including role transitions from acute care to collaborative practice, and hospital to community practice Nursing therapeutics models of transition, including role supplementation models and debriefing models

### **Book Information**

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Transitions theory:Middle range and situation specific theories in nursing is a rich and diverse source of contemporary and classic research related to role transition in nursing practice. The book provides a launching pad for the reader to successfully pursue areas of study including movement of the nurse from accedemic student through advanced practice. Areas in the content also cover cultural health and a wide variety of nurse/patient situations.

This is the book I have been awaiting on transitions theory! Afaf Meleis has brought together all of the important developmental and current works on the subject, with sample studies and great analysis. The forward is excellent as well! I would recommend this book to anyone working with nursing theory, especially middle range.

Really a great book for my research - Filled with good summaries about other research studies. Really like the theory

Excellent explanations and review of all health transitions

Best theory of all time!

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